



ASSISTANCE IN RECOVERY

*Improving lives together*

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## Company Biographies

**AiR, Assistance in Recovery** provides the most comprehensive tools available to improve rates of recovery and quality of life for organizations, individuals and families. Treating addiction, eating disorders, and mental health issues as chronic conditions, AiR dramatically improves the lives of countless clients and leads the industry in its programs and innovative attitude towards consulting, intervention, treatment, and case management.

### Andrew T. Wainwright, CEO



Andrew T. Wainwright is the founder and CEO of Assistance in Recovery (AiR) and a nationally recognized expert on addictions and intervention. He is a frequent guest on CNN's America Morning and author of the book *It's Not Okay to Be a Cannibal – How to Stop Addiction from Eating Your Family Alive*.

Andrew was educated at St. Mary's College of Maryland, CMRS, Keble College Oxford and Georgetown University. He received his Masters degree in English Literature from Catholic University in Washington, DC. In 1995 he sought help for his alcoholism and drug addiction at the Hazelden Foundation in Minnesota.

In 1997 Andrew was employed and trained by the renowned Dr. James Fearing, a pioneer in the field of addiction intervention. Dr. Fearing is credited with continuing and nationalizing the work of Dr. Vernon Johnson founder of the Johnson Institute and the modern practice of alcohol and drug intervention.

Upon the death of Dr. Fearing in 2002 Andrew founded the organization know today as Assistance in Recovery (AiR). Building upon the work of Dr. Johnson and Dr. Fearing AiR has grown to become the nation's leading behavioral health consulting company providing consulting, intervention, and recovery management services in all 50 states and around the world.

Unwilling to accept the status quo and impatient to improve rates of recovery for behavioral health related illness, Andrew is a tireless advocate for advancement of treatment modalities in the behavioral health industry.

Andrew makes his home in St. Paul, Minn. with his lovely wife Jaclyn and their two Kangal dogs Ajax and Ayla.



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## James Geckler, Executive Director / COO



James Geckler is a nationally recognized expert on treatment options and modalities for chemical dependency, mental health and eating disorders. Jim has worked with thousands of families, helping to guide them through the process of selecting clinicians, treatment programs and appropriate continuing care options. Working for AiR, Jim maintains strictly autonomous relationships with treatment programs, allowing him to guide families based on their clinical need.

Jim attended Allegheny College and Northeastern University. During his time in Boston Jim was active in grassroots policy reform, working to change regulations regarding access to healthcare. With the help of his family, Jim entered treatment at the Pride Institute in 1996 and has made Minnesota his home ever since.

Jim is a certified HIV/AIDS Educator with the American Red Cross and acts as a lead facilitator with Alternatives to Violence, a non-profit program which addresses anger and violence issues with at risk adolescents and incarcerated adults. Jim has also managed transitional sober housing for people leaving a treatment environment.

Jim lives near Lake Calhoun in Minneapolis with his dog Butters, who does not know how to behave.

## Dr. Thomas Savage, Director of Intervention Services



Dr. Savage has worked with hundreds of chemically dependent clients and their families. He believes in a client-centered approach in helping both the individual and family members understand the illness of addiction. He facilitates a practical path to recovery using the assets that the clients and their family members already possess.

Dr. Savage entered the field of counseling at the Hazelden Foundation in 1984 and remained there helping clients in various capacities for 14 years. He first worked on a primary care inpatient unit as a counselor then moved to one of Hazelden's extended care facilities in St. Paul. There he worked as a counselor and clinical supervisor of a staff whose purpose was to help clients reintegrate into daily life and the workplace and reunite with their families.

Most recently Dr. Savage has worked in private practice helping chemically dependent clients in an outpatient setting with their recovery issues and the often-associated mental health complications. Dr. Savage has the unique ability to connect with clients and their families due to his training, education, and personal and professional experience.



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## James Stolz, Clinical Director



James Stolz has spent the better part of the past 20 years working with addicts and alcoholics to achieve long-term recovery. He works to accomplish this by direct work with clients and through his teaching and leadership activities in the addiction field. James is a Licensed Independent Clinical Social worker and is currently the Clinical Director for AiR; he also maintains a thriving private practice in the Twin Cities.

James holds a Master's Degree from Virginia Commonwealth University and is an adjunct faculty at the School of Social Work for St. Thomas and St. Catherine's University and was one of the founding faculty for the Interprofessional Center for Counseling and Legal services providing free services to immigrants, the homeless and other disenfranchised communities. James has worked in many aspects of the mental and chemical health communities, including community mental health, HIV/AIDS prevention, medical and psychiatric hospitals and treatment centers. He served as the Executive Director for the PRIDE Institute and has spoken extensively on treatment for the LGBT community.

## Dr. Leslie Koralek, Regional Director



Dr. Leslie Koralek has over 25 years of experience in treating alcoholism and chemical dependency, specializing in helping families perform interventions worldwide. The most respected treatment centers regularly recommend Dr. Koralek. As a recovering alcoholic for more than 20 years, Dr. Koralek knows first-hand the struggles families encounter when dealing with chemical dependency.

While directing a major treatment center, Dr. Koralek helped to found an impaired physicians program to develop and manage treatment options for chemically dependent physicians. In addition, he consults for employee assistance programs and develops drug and alcohol in the workplace programs for major companies. Prior to starting his private practice in 1989, Dr. Koralek co-founded and served as the clinical director of the Springbrook Institute in Newburg, Oregon. At the Springbrook Institute, Dr. Koralek developed and operated a treatment center focusing on the treatment of physicians with addictions. In the years prior to the Springbrook Institute, Dr. Koralek founded Program 180, a treatment center and outpatient program, and served as executive director of CareUnit.

In recent years, Dr. Koralek has served on the board of the Oregon Partnership for a Drug Free Oregon. In addition, Dr. Koralek has spoken about addiction to many groups including the Medford Business Alliance, Nike employees, and the Providence Hospital System Volunteers.

Dr. Koralek has a Ph.D. in clinical psychology and eastern religions & philosophy from the Psychological Studies Institute in Palo Alto, Calif.